Mountain View Flexible Instruction Day (FID) Schedule	
9:30 AM	Daily Assignments and Activities Posted in Schoology
9:30 - 11:30am	Asynchronous Work Time: Teachers Available for Student Support through email or Schoology message
11:30am - 1:00pm	LUNCH and BREAK
1:00-3:00pm	Asynchronous Work Time: Teachers Available for Student Support through email or Schoology message